

Planning Mindset Assessment

The following pages are designed to assess your current mindset regarding planning and identify a plan to growth for improving your planning outlook.



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THE 5 PLANNING MINDSETS

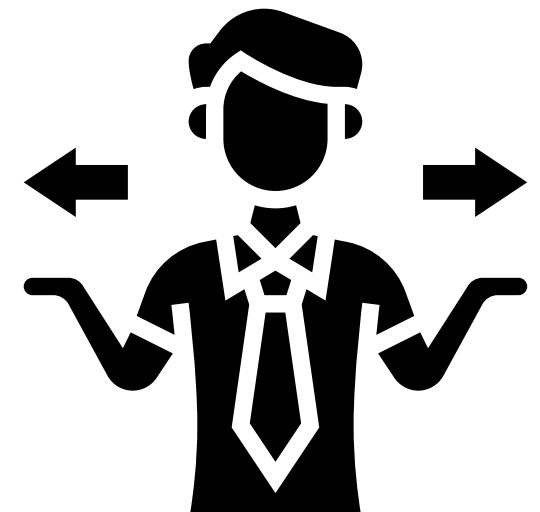
1

Everything in you cringes when you think about sitting down to plan so you avoid it at all costs.



2

Eh. You plan if absolutely needed but don't make it a priority in your life.



3

You know you should plan and set aside time to do it, but draw a blank when you try.



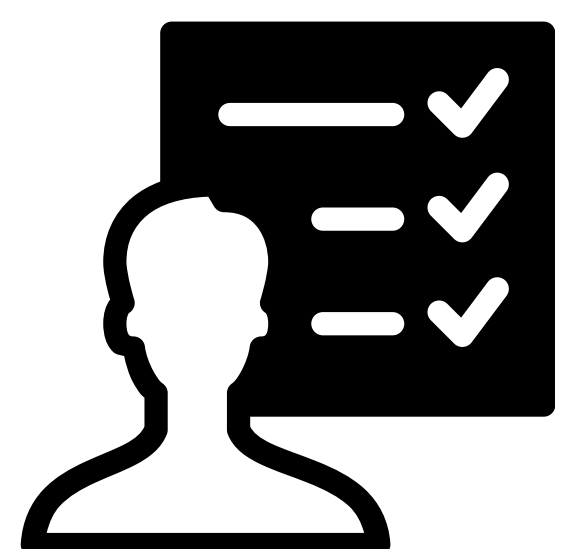
4

You enjoy planning but don't always make the time to do it.



5

You look forward to your scheduled planning times and consistently set aside time to review and plan.



MINDSET ASSESSMENT

Review each of the 5 Mindsets on the previous page and then answer the following...

1. Where do you see yourself currently on the 5 planning mindsets scale?
2. Write out what comes to your mind when you think about planning.
3. Review what you wrote in question 2 and identify the reason *why* you feel that way.
4. Is there a more positive way to think about planning? If so, how?
5. How can you remember to change your thinking regarding planning when confronted with the need to plan?

TIPS FOR CHANGING MINDSETS

Below are some quotes and inspiration to help shape growth regarding planning mindsets.

Give me six hours to chop down a tree and I will spend the first four sharpening the axe." - Abraham Lincoln

"In preparing for battle I have always found that plans are useless, but planning is indispensable." - Dwight D. Eisenhower

"A clear vision, backed by definite plans, gives you a tremendous feeling of confidence and personal power." - Brian Tracy, The Gift of Self-Confidence

"Our goals can only be reached through a vehicle of a plan, in which we must fervently believe, and upon which we must vigorously act. There is no other route to success." - Pablo Picasso

"Setting a goal is not the main thing. It is deciding how you will go about achieving it and staying with that plan." - Tom Landry